

Orthopaedic and Spine Institute
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Joel B. Nilsson, M.D., P.A.

Total Joint Preoperative Checklist

Your surgery is scheduled for: _____

The type of surgery you will have is a:

- Left Right
- Total Hip Total Knee
- Cemented Uncemented Hybrid Other _____

You should see the following healthcare providers or clinics/laboratory ***before*** you are admitted to the hospital for your surgery:

- Internal Medicine for preoperative medical risk assessment.
- Your own dentist.
- Orthopedic counseling with Dr. Nilsson here at SOI. Date _____.
- Prescriptions for: 1. Raised toilet seat. 2. Grabber/sock puller. 3. Wheeled walker. 4. Wheelchair. 5. Shower chair.
- Prescription for: Iron pills (325mg by mouth each day) from your surgeon, begin immediately. (Iron helps increase your blood oxygen)
- Or, prescription for Epogen if Hematocrit <11.